Print 2 pages for the sew line and 2 pages for the core. Align and tape halves together. Select the length you want and cut it out. You can get away with printing just one page by tracing the lines onto a clear template, like thin cutting mats or thick vinyl.

You can play with the scale of the pattern when you print it. Try printing at 95% for a petite pad or 105% for more center coverage.

15"

13"

11"

9"

7"

← optional sharp or soft corner
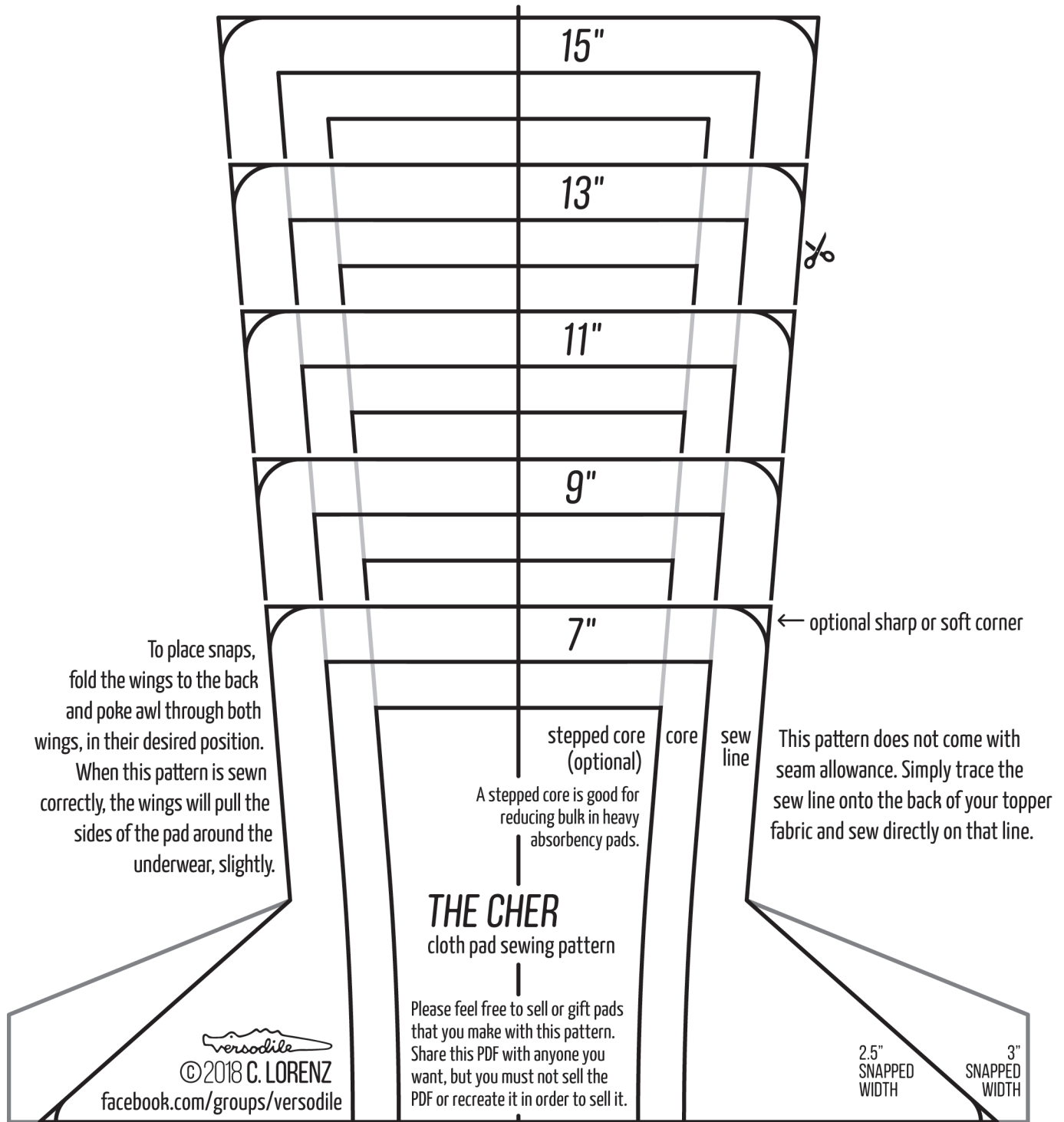
To place snaps, fold the wings to the back and poke awl through both wings, in their desired position. When this pattern is sewn correctly, the wings will pull the sides of the pad around the underwear, slightly.

stepped core (optional)

A stepped core is good for reducing bulk in heavy absorbency pads.

core

sew line

This pattern does not come with seam allowance. Simply trace the sew line onto the back of your topper fabric and sew directly on that line.

THE CHER
cloth pad sewing pattern

Please feel free to sell or gift pads that you make with this pattern. Share this PDF with anyone you want, but you must not sell the PDF or recreate it in order to sell it.

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2.5" SNAPPED WIDTH

3" SNAPPED WIDTH

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